

# The Lemon Grove REVIEW

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Vol. 42, No. 12

Serving Lemon Grove and nearby communities

Thursday, October 19, 1989 25¢

## Lemon Grove dedicates and celebrates new Senior Center facility

"Ours to share with all seniors in the community," was how Mayor Pro-Tem Lois Heiserman described the new Lemon Grove Senior Center at the dedication ceremony on October 12, 1989. Nearly two hundred senior citizens and other interested residents came to witness the dedication ceremony, tour the facility, and party!

Mayor Jim Dorman welcomed the crowd prior to the presentation of the flag by the Mt. Miguel ROTC. The Mt. Miguel Band followed with the National Anthem, and Rev. Ed Pettis, co-pastor of Lemon Grove Congregational, United Church of Christ, led the invocation.

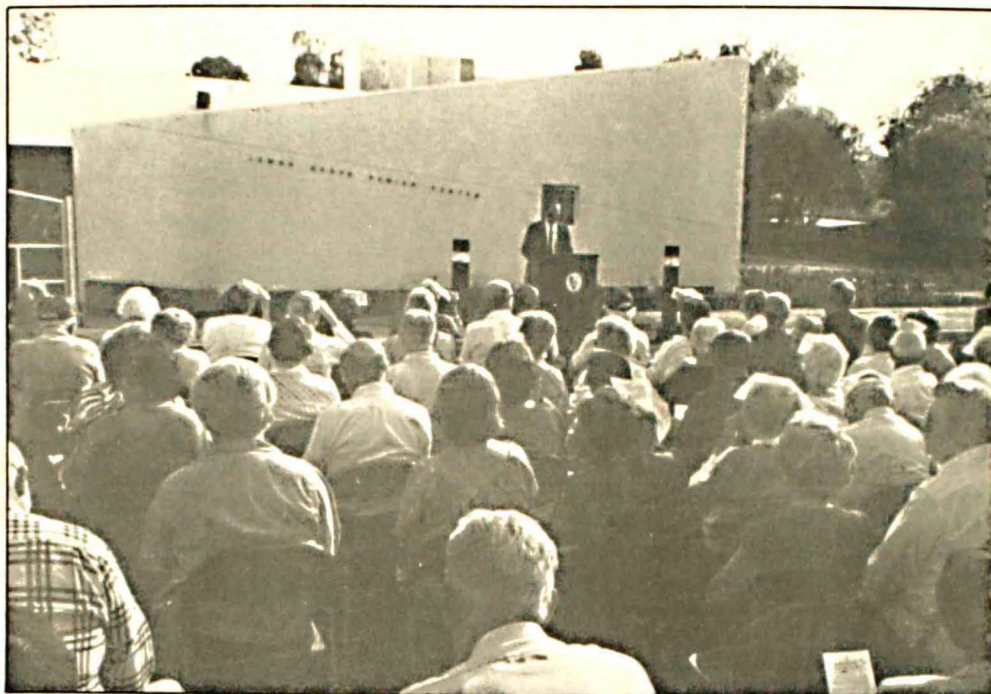
Then Councilwoman Heiserman told the crowd how the effort had begun with a series of meetings in 1972 and finally had come to fruition seventeen years later. "A once upon a time story with a happy ending," was how Heiserman described it.

Mayor Dorman introduced the rest of the council members and other dignitaries, including Dan Laver, Director of the Area Agency on Aging, and Supervisor George Bailey. And then to formally consummate the dedication, Mayor Dorman presented the key to the facility to Lemon Grove senior activist, Elwyn (Tex) Middleton, who accepted graciously for all seniors.

Donations for furnishings for the center were presented by LandGrant, the SDG & E employees, Lemon Grove seniors, and others.

The crowd was invited to celebrate the Grand Opening with tours, food (catered by Top Hat Caterers), music, dancing, balloons, and sun visors.

Enthusiasm and excitement were evident throughout the afternoon, as the facility was very well received. Kudos to all who worked so hard to make it happen!



Lemon Grove Mayor Jim Dorman addresses crowd at Senior Center dedication. Additional photos, Page 7.

## Trolley burglar caught

An engraved VCR landed a thief in jail last week. Thanks to the cooperative efforts of the San Diego Sheriff's deputies and the San Diego Trolley Police, the stolen property of a Lemon Grove family on vacation was recovered within minutes of the burglary of their home.

Trolley police spotted a young male sitting on a trolley bench with a VCR shoved halfway into a canvas bag with a peach towel covering it. When they approached him to talk with him, the two officers noticed a California driver's license number engraved on the side of the VCR. This increased their suspicions that the VCR was stolen and called the Sheriff's Department. The license number belonged to a family on Circle Drive where deputies discovered broken louvered windows and nobody at the home. A neighbor gave deputies the number of a relative who arrived to assist the deputies in confirming that the home had just been burglarized.

At that point, the man at the trolley station became the prime suspect and was booked into county jail.

This example clearly illustrates the importance of the free home security check and property engraving available through the

Sheriff's Crime Prevention Unit. An appointment can be scheduled by calling 441-4037. Circle Drive is also an active Neighborhood Watch group.

"We encourage citizens to call us and get their property engraved with their driver's license number. It is an invaluable tool for our patrol deputies to utilize in stops such as this once," said Crime Prevention Specialist Sally Arguilez. "Without that driver's license number, none of this would have happened."

Sheriff's deputies and trolley police work together to monitor crime activity in the community and the trolley since its opening in May.

There has been an 8 percent decrease in Lemon Grove crime from January to June, according to the latest SANDAG report prepared by the criminal justice research unit. SANDAG is the San Diego Association of Governments.

## Old textbooks to be given away

Textbooks which are no longer used in the schools will be given away on Saturday, October 21 from 9:00 a.m. to 1:00 p.m. in the parking lot of the District Office, 8025 Lincoln, Lemon Grove.

## Council pulls a quick one

From the size of the crowd in the council chamber, it looked like it was going to be a long night—for a full house usually means that there is one or more hot issues about which people wish to speak, either pro or con.

But they were almost all so young—it looked like a revolution brewing!

Fortunately, they turned out to be students of American Government trying to learn how the city government works. Unfortunately, it wasn't a very typical meeting, the council disposing of business in near record time.

They began with presentation of a 10-year service award to Al Lynn, Chief Building Inspector for the City, and a 20-year service plaque to John Pitcher, an engineer with the fire department.

Then came approval of the consent agenda, which included ABC license applications for the New Miyako Restaurant, 7874-76 Broadway and Viggiano's Ristorante, 2611 Lemon Grove Avenue, and merit increases for David Ridenour and Olivia Crisostomo, both recreation leaders.

Under Oral Communications, the period when anyone can speak on any subject to the Council, only John Deskins of Mercury Drive spoke, reporting continuing problems with the soccer games played on the fields at San Miguel School. It was his third attempt to get the problem resolved.

Under the resolution portion of the agenda, the Council quickly approved three resolutions. First,

they approved the final budget for 1989-90. Then a resolution approving the 15th Year Community Development Block Grant Contract with the County was approved. The City's total allocation was \$13,382, of which \$5,000 was designated for Heartland Human Relations Associations, and the balance was added to the Senior Center funds. The last resolution was formal approval of an agreement with Heartland Human Relations Association to provide a variety of human relations services in Lemon Grove, including tenant-landlord dispute resolutions and fair marketing housing services. After approving this resolution, Mayor Dorman presented a \$5,000 check to Clara Harris, Director of Heartland along with the City's thanks for Heartland's services.

Under staff reports, the Council agreed to help the Chamber of Commerce by absorbing half the cost of producing postcards of Lemon Grove, a sum of \$365. Then they agreed to proceed with a "Community Identification Program," for which they have budgeted \$50,000 in 1989-90 and another \$40,000 in 1990-91. Included in this \$90,000 program is design and implementation of a city seal/logo, entry monuments (signs), building signs, pins and plaques, vehicle I.D.'s, brochures, banners, and newsletter format, stationery and forms.

And finally, the Mayor appointed two residents to 3-year terms on the Planning Commission—John Pipes was re-

appointed and Keith Scott was selected for his first term. As provided by law, the Council approved the Mayor's selections.

All this was accomplished in 45 minutes, and we all went home happy!

## CHP appoints new commander

The California Highway Patrol, Border Division, has a new commander. On October 1, Chief Clarence Tuck replaced Chief Salvador DePaola, who has retired.

The Border Division covers the area consisting of San Diego, Imperial, Orange and Riverside counties. The Division Chief is responsible for administration of the twelve CHP area offices serving those counties.

In his twenty-six years with the CHP, Chief Tuck has served in Riverside, East Los Angeles, Redwood City, North Sacramento, San Francisco, Redding and Headquarters.

Chief Tuck and his wife, Jan, have three grown children and are looking forward to making their home in San Diego.

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# San Miguel Fire Log

## October 4, 1989

10700 blk. Jamacha Blvd. Female, diabetic coma.  
 9500 blk. Upland. Fire in front yard, no damage.  
 4000 blk. Citradora. Male, difficulty breathing.  
 Jackson/Center Dr. Cancelled en route.  
 900 blk. Sweetwater Rd. Vegetation fire, no damage.  
 2700 blk. Sweetwater Springs. Auto lockout.  
 3200 blk. So. Barcelona. Male, knee pain.  
 8400 blk. Paradise Valley Rd. Auto vs. child, non-injury.  
 4100 blk. Conrad. Female, fall from bed.  
 9000 blk. Ildica. Dryer fire, no damage.  
 9900 blk. Sierra Vista. Auto fire. Electrical short. Damage, \$1,500.  
 10000 blk. Lemon Ave. Male, medical aid.

## October 5, 1989

Bancroft/Kenwood. Good intent.  
 Camino Largo Vista/Lakeview. Person asleep in car.  
 1700 blk. Hillsdale Rd. Female, abdominal pain.  
 10700 blk. Jamacha Blvd. Female, diabetic coma.  
 2600 blk. Jamacha Rd. Malfunctioning alarm.  
 11700 blk. Calle Albara. Female, difficulty breathing.  
 Bigford/Harness. Non-injury auto accident.  
 10700 blk. Jamacha Blvd. Female, medical aid.  
 1400 blk. Gowin. Male, overdose.  
 10400 blk. Fairhill Dr. Non-injury auto accident.  
 9800 blk. Campo Rd. Male, fall victim.  
 8900 blk. Switzer. Non-injury auto accident.

## October 6, 1989

2900 blk. Alanwood Ct. Malfunctioning alarm.  
 1600 blk. Grand Ave. Hazardous condition.  
 8800 blk. Olive Dr. Male, possible heart.  
 1600 blk. Bartram Way. Male, good intent.  
 10000 blk. Sierra Vista Dr. Non-injury auto accident.  
 900 blk. Grand. Female, assault victim.  
 8300 blk. Stansbury. Female, diabetic.

## October 7, 1989

1200 blk. Grand. Good intent.  
 Skyline/Jamacha Rd. Non-injury auto accident.  
 10000 blk. Sierra Madre St. Female, pain in arm.  
 1100 blk. Jamacha Ln. Good intent.  
 10100 blk. Fuerte Dr. Needless call.

## October 8, 1989

Lakeview/Quarry Rd. Non-injury auto accident.  
 9200 blk. Birch. Male, diabetic problem.  
 6300 blk. Quarry Rd. Auto vs. pedestrian, non-injury.  
 600 blk. Sweetwater Rd. Female, medical aid.  
 8600 blk. Harness. Non-injury auto accident.  
 9200 blk. Birch St. Female, assault.

## Free Heart Association seminar discusses employee health

New health strategies and corporate fitness benefits will be the topic of a free breakfast seminar, "Corporate Fitness on the Move," Wednesday, October 25, from 7:30 to 9 a.m.

The seminar will be presented by Dr. Ash E. Hayes, former executive director of the President's Council on Physical Fitness and Sports. The seminar will be held at the Holiday Inn, Montgomery Field at 8110 Aero Drive.

The event is sponsored by the American Heart Association, San Diego County Chapter, as part of its Heart at Work program. Volunteer chairman is Joe Kearny.

For further information and reservations, please call Tracy Taylor at 291-7454 before October 20.

## Clinical research program needs volunteers for diabetes study

The Diabetes Center at Sharp Cabrillo Hospital is seeking volunteers with Type I or juvenile onset diabetes who have been diagnosed with the last year. The study is designed to research and test a new medication that may reverse this condition.

The study is open to people between the ages of 18 and 35. Individuals selected for the program will receive a free medical screening and related medical services.

For more information about the study call the Sharp Cabrillo Diabetes Center at 221-3853.



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## WEATHER

The following information was provided by the Lemon Grove Fire Department:

	High	Low
October 7	83	58
October 8	78	57
October 9	78	61
October 10	81	58
October 11	82	59
October 12	76	58
October 13	80	60

The precipitation this year to date is 0.43 inches. For the last year to date, the figure was 0.01 inches.

## Birth announcements

*Birth announcements are provided by Grossmont Hospital for the following area residents:*

### September 19, 1989

Patrick Edward  
 7 pounds  
 Nancy Bond &  
 Jeffrey Kinkade

### September 26, 1989

Chantel Nicole  
 5 pounds, 7 ounces  
 Jacqueline & Michael Simms

Cynthia Lee  
 7 pounds, 14 ounces  
 Hye & Wayne DeWees

### September 28, 1989

Christina Joan  
 7 pounds, 4 ounces  
 Cathleen & Bryan Brownlee

### October 3, 1989

Johnathan Edward  
 8 pounds  
 Julieann & Stanton Bourne

### October 4, 1989

Summer Ann  
 7 pounds, 4 ounces  
 Tammy & John Lanning

### Lemon Grove Review

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 CA 92045 • (619) 469-0101

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### Submissions

Letters, editorial and photo submissions are welcome, but will not be returned to sender unless accompanied by self-addressed, stamped envelope. All materials must be received by the Monday preceeding the date of publication. The editor reserves the right to edit all submissions.

### Advertising

All advertising is subject to current rate card. The publisher reserves the right to reject an advertiser's order. Only publication of an advertisement shall constitute final acceptance. Address all correspondence to: Forum Publications, Inc., P.O. Box 127, Lemon Grove, CA 92045

# Sheriff's Dept. Log

Deputies of the Lemon Grove office of the County Sheriff's Department were investigating these burglaries which occurred last week.

### Lemon Grove

3400 blk. Grove. Broke rear window. VCR, rings, \$485.  
 1900 blk. Lemon Grove Ave. Broke front window. VCR, jewelry, \$780.  
 7000 blk. Madera. Broke side window. VCR, watch, \$525.  
 2000 blk. Skyline. Broke front window. VCR, camera, jewelry, cash, \$920.  
 2500 blk. Arcadia. Unknown point of entry. VCR, typewriter, \$410.

### Spring Valley

1000 blk. Leland St. (School). Unknown. Purse, \$5.  
 1000 blk. Paraiso. Side window. TV, \$200; microwave, \$200.  
 800 blk. Safford. Front window. TV, \$286; VCR, \$1,300; Silver dollars, \$200; Silver coins, \$150.  
 1000 blk. Leland. Broke window. Turn table, \$100; VCR, \$600; Answering machine, \$100; Shotgun, \$200.  
 700 blk. Thayer Road. Pried window open with screwdriver. VCR, \$300; Camera, \$100; Pillow case, \$1.

# Lemon Grove Fire Log

## October 6, 1989

3400 blk. College Ave. Vehicle fire. No fire or fire damage, overheated engine.  
 7000 blk. Russan Lane. Medical aid. Reported baby having seizure.  
 3200 blk. College Place. Medical aid. Female chest pain.  
 7000 blk. Broadway. Public Assist. Water from sprinkler heads.  
 7000 blk. Waite Dr. Medical aid. Male having seizures.  
 2200 blk. Massachusetts. Medical aid. Female chest pain.  
 1900 blk. Dartmoore. Medical aid. Female O.B. patient.

## October 7, 1989

8100 blk. Broadway. Other. Wires between pole and building damaged by passing vehicle.  
 1100 blk. Jamacha Lane. Structure fire. Cancelled en route.  
 8400 blk. Broadway. Medical aid. Cancelled.

## October 8, 1989

1900 blk. Fairhaven. Other. Power wires found arcing in tree.  
 3700 blk. Jill. Automatic aid. Vehicle aid.  
 3200 blk. College Place. Medical aid. Reported fight victim. Cancelled en route.  
 7900 blk. Broadway. Medical aid. Intoxicated male.  
 3200 blk. College Place. Medical aid. Released by scene by paramedics.  
 2000 blk. Skyline. Medical aid. Male diabetic.  
 Hwy 125 Eastbound @ Spring. Other. Fuel spill.  
 1500 blk. Bakersfield. Medical aid. Female, swelling around eyes and throat.

## October 9, 1989

69th & Madera. Medical aid. Female, neck and back pain as a result of vehicle accident.  
 1800 blk. El Dora. Medical aid. Man down.  
 7800 blk. Broadway. Other. Fuel spill.  
 2000 blk. Skyline. Medical aid. Unknown medical.  
 3200 blk. Buena Vista. Medical aid. Female, chest pain.  
 Lemon Grove & Palm. Public service. Reported children playing with matches.  
 7600 blk. Lansing. Medical aid. Assault victim.  
 1600 blk. Clements. Medical aid. Male, possible reaction.  
 1700 blk. Skyline Dr. Vehicle accident. Auto vs. pole.  
 2000 blk. Skyline Dr. Medical aid. Female, possible heart attack.

## October 10, 1989

8200 blk. Dodie Drive. Automatic aid. Reported explosion, cancelled.  
 2000 blk. Skyline. Medical aid. Female, chief complaint, dizziness.  
 3200 blk. College Place. False alarm. Cancelled en route. Alarm company working on system.  
 College & Federal. Medical aid. Reported vehicle accident, cancelled.  
 7900 blk. Jacmar Ave. Automatic aid. Cancelled upon arrival.  
 2400 blk. Lemon Grove Ave. Medical aid. Male, paraplegic.

## October 11, 1989

200 blk. Treeward. Structure fire. Cancelled prior to arrival.  
 7500 blk. North. Medical aid. Male with no vital signs.

## October 12, 1989

MacArthur & Federal. Medical aid. Male, difficulty breathing and shaking.  
 7800 blk. Lansing. Medical aid. Child with elevated temperature.  
 94 West, East of Kelton. Automatic aid. Overturned vehicle.



## Joe Freed on the movies

### 'Look Who's Talking'

Why doesn't anyone believe me when I tell them this a good movie? Yes, I know it stars John Travolta...Yes, I know he hasn't made a successful film since the 70's, and even then it was that gag-o-rama "Saturday Night Fever." I also know that "Look Who's Talking" is genuinely hilarious.

It's the story of young Mikey, the infant son of an adulterer (George Segal) and his beautiful mistress (Kirstie Alley). The moral implications aren't a problem, though, because Segal swears he'll divorce his wife...just as soon as she gets over her bulimia.

Needless to say, that never happens, and our impregnated heroine is forced to go through labor with only a taxi driver (John Travolta) at her side. The rest of the film surrounds Alley's search for Mikey's new father, with Travolta being the audience's, and Mikey's, favorite choice.

Wait a minute, hold everything! How do we know what Mikey wants? Well, that's what makes "Look Who's Talking" so charming. The audience can actually hear Mikey's thoughts and

opinions, thanks to some vocals by the very talented Bruce Willis. And those aren't baby coos and gurgles, either—Mikey is quick, cynical and sooo cool. He makes "Look Who's Talking" a success.

The rest of the cast is excellent, too, especially Travolta, who gives a fine comedic performance (yes, you heard me correctly). Segal is great as Mikey's nasty father and Alley does a fine job as the mother. There are also some superb supporting roles from Olympia Dukakis, as Alley's mother, and Abe Vigoda (remember Fish from "Barney Miller"), as Travolta's grandfather.

The screenplay is very funny, despite a few holes and some extremely contrived tragedies, and I guarantee you'll have some strong laughs. "Look Who's Talking" is a great comedy which may just mark John Travolta's comeback.

CRITIC'S RATING: B+

### Other Releases...

"The Fabulous Baker Boys"  
Jeff and Beau Bridges star as

two washed-up cocktail bar pianists who take on singer Michelle Pfeiffer to spice up the act. And boy does she ever!

The Bridges boys are great and Pfeiffer is oh so sexy! She also shows off great singing ability (surprise!). The film is slow in some parts but is well worth your money.

CRITIC'S RATING: B

### "Crimes and Misdemeanors"

Writer/director/star Woody Allen's new film of sex, adultery, murder, guilt and religion is a triumphant blend of comedy and drama.

The film has excellent performances by the entire cast including Allen, Alan Alda, Mia Farrow, Angelica Huston and Martin Landau. Fantastic entertainment!

CRITIC'S RATING: A

## New Attitudes benefit planned

Showtime's new hit comedy series star, Richard Karon, who plays 'Sven' in "The Boys," will appear as New Attitudes' guest MC at the Third Annual Silent Auction/Halloween Bazaar Benefit October 22nd, at the Viscount Hotel on Harbor Island.

After growing to over 400 pounds, Karon took part in a 12-step program and reduced his weight by half. While making the movie, "Fatso," he decided to

take his part seriously and now devotes much of his volunteer time to helping the cause of those who suffer from eating disorders.

A number of local entertainers including the fabulous musical duet, 'International Allure,' will also be performing.

New Attitudes is the only non-profit, 12-step residential center for eating disorders in San Diego.

For further information, please contact Susan Jester at 297-0744.

## Local chapter of the Audubon Society offers weekly wildlife walks

San Diego Chapter of National Audubon Society owns and operates a 540-acre chaparral wildlife sanctuary, Silverwood, which is open to the public every Sunday, except during the month of August, at no charge.

The members also offer free guided walks along Silverwood's rustic trails and field trips out into the open spaces of San Diego County every Saturday. These trips are guided by an experienced naturalist and are free and open to the public.

San Diego Audubon presents a nature oriented slide lecture one evening a month at no charge to the public. The Chapter also publishes a monthly newsletter listing field trips and other local nature news.

Eleanor Mosca, a veteran of seven Arctic expeditions, will present a slide lecture on summertime in the Arctic at the

monthly meeting of the San Diego Audubon Society. Her talk will include past and present human habitation of that region as well as the flora, fauna and geology. A special focus will be on the indigenous and migratory birds of the Arctic.

The meeting, which is free and open to the public, will be held on Friday, October 27, at 7:30 p.m. in the lecture hall of the Natural History Museum.

Autumn brings many migrant birds to this area to spend winter, and the local San Diego Audubon Society will be leading trips to observe these winter visitors.

These free outings provide beginning bird waters an opportunity to improve their skills, as well as to familiarize themselves with the good birding area of the County.

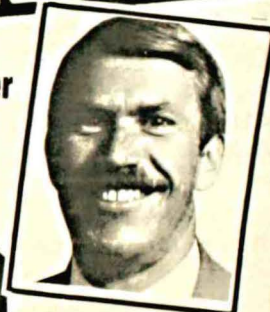
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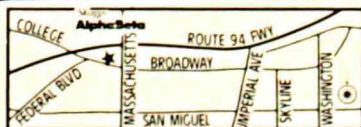
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## Commentary

by Max Goodwin

The "cultural explosion" may be getting out of hand.

It was an art form of sorts when criminal street gangs started defending their "turf" by graffiti symbols which later erupted into bloodshed and death.

How did the communities and streets, which belong to all law-abiding Americans, become the province of young criminals, some of whom came to America for its safety and security?

It is a pretty far step from graffiti to porno art, but the association came to mind in a recent news release of the Heritage Foundation. Heritage noted that the National Endowment commission approved \$45,000 in taxpayers' funds to be spent by the National Endowment for the Arts (NEA) on two pieces of art that were obviously pornographic by rational judgement.

Two congressmen responded to the expenditure and clipped the \$45,000 off the NEA fund. Congressmen Dick Armey (R-Tex.) and Dana Rohrabacher (R-Cal.) forced Congress to make the slash.

As expected, the charge of "censorship" was lodged on the budget-slashers.

As a long-time newsman and editor, let's see

what censorship is not.

Editors are not censors when they reject articles or story ideas. Nor is government a censor when it refuses to give taxpayers' funds to would-be recipients.

Censorship is denial of expression. It is not censorship when it denies subsidies for funding expressions of pornography.

It is not proper for government to fund pornography. It is also wrong for government to set itself up as an art critic and in the process sell it as "culture."

How far has government gone? In 1965, NEA was awarded \$2.5 million. Today, the NEA take is \$169 million. Artistic renaissance has become painfully costly.

This week, the Russian Cultural Festival and Renaissance comes to San Diego. Although much of its funding comes from the private sector, some public funds are involved.

A foolish thought occurred when a personal invitation crossed our desk. We were invited to a preview of the Faberge Imperial eggs to be on display today at the San Diego Museum of Art.

We may attend if our request is honored: we want our egg scrambled.

## Monte Vista calls East County alums for 1989 Homecoming

By Thuha Trinh

Plans have been made for Monte Vista's 1989 Homecoming. Be prepared to spend Friday night, October 20, at the Monte Vista football field. The football game starts at 7:30 p.m. Arches and memorabilia from each of the different decades will welcome you to the game. Record album covers and posters will be placed on the sides accordingly: the first arch is the 50's, then 60's, the 70's and finally the 80's/90's. There will be a strobe light by the 70's era.

During half-time the parade will be presented. Class floats and the Homecoming Alumni Band will be presented. Also, the homecoming court will be riding onto the field in Corvettes from various years. To coincide with the 50's theme, an Elvis Presley impersonator will be down on the field to open the doors for the court. The 1989 Homecoming Queen will be announced at this time. The King will be crowned at the dance after the football game against Mount Miguel.

As a finale, there will be fireworks displaying the theme, "Rock of Ages," on the field. This year's float themes:

Seniors: 50's; Juniors: Woodstock, late 60's; Sophomores: Disco, 70's; Freshmen: The Future, 80's/90's.

Prizes are: First place receives \$100 and second place gets \$50.

The following Monarchs are members of the 1989 Homecoming Court:

Amber Adams  
Linh Darnell  
Ginger Dodd  
Regina Hoagland  
Aimee Wilson

Joe Balestrini  
Ron Cottrell  
Keith Himaka  
Joseph Lin  
Greg Parker

## From Where I Sit

by Frank Andrews

### Our worst vacation

Finally after several years of coaxing we were getting our son and daughter-in-law to accompany us on a vacation to our place in Puertecitos, Mexico. Our son, Dannie, had just bought a new 4-wheel drive Bronco and was anxious to give it the "acid test" on the "Baja Run."

The last 54 miles south of San Felipe was a very rough road and could take up to 5 hours to traverse. Both Dan's Bronco and my Dodge van were loaded to the limit which made the ride softer, but a lot harder on the tires.

With only about 10 miles of the roughest road left, I hit a rock and blew out the left rear tire. While examining the left tire, we noticed that the right rear was also slowly going flat. "Two flats and only one spare!" I blurted out in disgust.

Only after Dan's usual "no problem," we changed wheels, using Dan's wrong sized spare. The van slid off the bumper jack, tearing a huge gash in the rear doors, and landed in the ditch on top of the now bent Bronco wheel.

After a lot of sweat, a little of Dan's ingenuity, and a short prayer, we were finally back on our way.

Upon arrival at our "Shangrila by the Sea," after a slow, tense ten miles, I got out of my van only to discover oil dripping from the underside of the engine. This could really be a serious problem, but we all decided to unload before further investigation.

To get some professional advice on our latest disaster, I walked down the hill to get our neighbor for his advice. Low and behold! There in the road was a burst plastic Pennzoil bottle that I had run over on the way up the hill and thus the reason for all the oil

dripping from the undercarriage.

What a relief from one problem only to now discover that our fresh water tanks on the roof of the casa had not been filled and were bone dry. The Mexican water man had not filled them due to the breakdown of his antiquated water truck. "Oh well, we still had some fresh water left in the thermos and we could always borrow some from the neighbors," I said.

The next dilemma occurred at dusk when we turned on the power for our lights. We were the only ones in the village having a "blackout," so up the power pole Dan climbed and repaired the overhead power line that the wind had broken. Now we had lights but no water.

The luxury of power was short-lived after hearing an explosion coming from the Cantina area. The old diesel-powered generator that serves the entire village had exploded and spewed diesel fuel all over.

By burning candles and with borrowed water, we ate our first meal and "hit the hay" after a very hectic day. Just a short time after all hands were well into slumberland, the wind got up and the window over our bed slammed shut with a loud bang. The glass shattered and flew all over us, but my wife and I came out unscathed.

After we had struggled through a long week of roughing it with several near disasters, we pulled out for home. That day, the roof tanks were filled with nice, clear well water, the central electric bank roared off in full power, and my tires were fixed well enough for our return.

The trip home was monotonous and uneventful after spending the worst vacation we have ever had trying to impress our kids with our "Hacienda on the Gulf."

## SuperShuttle begins operations at Lindbergh

A new sight heralding a new service will soon become familiar to San Diegans, particularly those traveling to and from Lindbergh Field. SuperShuttle, the nation's largest airport ground transportation company, with its trademark blue and yellow vans, will begin operation throughout San Diego County in early November, 1989.

Jim Zebrowski, president and chairman of Shuttle Express International, the SuperShuttle licensee, stated that initially 35 vans will be providing service to and from Lindbergh Field. "We are prepared to expand our fleet as necessary in order to operate at

the highest level of service," said Zebrowski. "We anticipate up to 45 vans within the first 6 months," he added.

SuperShuttle fares are based on distance and typically run 50 to 60 percent less than taxicab service. For example, the fare from anywhere in zip codes 92041, 92042, 92045 and 92077 to Lindbergh Field would run \$15 for the first passenger and \$7 for each additional passenger from your home or office. However, for 92078 in Spring Valley, the fare would be \$17 for the first passenger and \$7 for each additional passenger traveling in the

same party.

SuperShuttle is a 24-hour-a-day, door-to-door, on-call operation. For a ride to the airport, passengers should call within 24 hours of flight time; however, SuperShuttle will take calls up to 3 hours before a flight.

Because of the size of the SuperShuttle fleet, the frequency of vans at the airport assures limited waiting time at Lindbergh Field.

People departing the airport can use courtesy phones or public pay phones to reach SuperShuttle for a ride to their homes, offices or hotels.

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## Mt. Miguel *El Trovador* News Briefs

Water Polo captain, James Hall, scored 3 points to lead his team to victory against Granite Hills 14-8 last Thursday, October 12. The team faced Helix last night, and will play El Capitan Friday afternoon at 3:30 at Mount Miguel.

Mount Miguel's Marching Matadors captured the Grand Sweepstakes Award with the highest total points at the Buena Vista Park Competition against 20 other bands this past Saturday, October 14.

Both the band and the drum major, Frank Velarde, captured first place with the Tall Flags winning second place.

At the Vista Field Show Tournament, Tall Flags took first place, Band won second place and the Percussion Section placed third.

Mount Miguel's Dark Force, the Varsity Football Squad, destroyed El Capitan on Friday, October 13, with a shutout, 35-0. Tomorrow's game will be played against Monte Vista, at Monte Vista at 7:30 p.m.

Girls' Tennis will be competing against Granite Hills this afternoon at Granite hills at 3:30.

Mount Miguel's Pep Band will be entertaining at the Marriott Marina at Seaport Village on Saturday, October 21 for the Shearson Lehman Hutton Yacht races.

Mount Miguel's AVID Program (Advanced Via Individual Determination) sponsored by Mrs. Roxie Edler, will be attending The Old Globe Theatre on October 28 to experience Russian Theatre. They will be seeing "Brothers and Sisters," a play being presented as part of the current Cultural Exchange program with Russia.

Boys and Girls Cross Country Teams, led by Head Coach Glenn Recasner, are participating in the Mt. Sac Invitational in Walnut, California next week. The following week they will compete against the Helix Highlanders. Featured runners will be Gary Lawrence, Robbie Peterson, Carrie Tate, Jessica Bulling, and Diana Jimenez.

Mount Miguel's Girls' Volleyball team will be playing El Capitan at Mount Miguel with the Junior Varsity team at 4 p.m., followed by the Varsity team at 5 p.m. this afternoon.

## New center to hold Halloween Safety Fair

A Children's Safety Fair - disguised as a Halloween party - will be held at Plaza Rancho San Diego on Saturday, October 28, from 10 a.m. to 2 p.m. The plaza is located at the junction of highway 94 and Jamacha Road.

Highlights of the event include presentations from the fire department and sheriff's department, "trick-or-treating" in plaza businesses, "trick-or-treat" bags, entertainment, clowns, balloons, free identification photos and Social Security cards from the federal Social Security Administration. Children and parents are invited to come in costume.

"Halloween is a time when parents take precautions for the safety of their children," said Carole Kilbride, property manager for Plaza Rancho San Diego. "We're expanding on that concern - we think safety must be a year 'round effort."

Safety subjects that will be addressed include how to contend with strangers, what to do in case of a fire, "drop and roll" techniques, and many other issues that children are faced with.

"To help parents cope if ever they are faced with a missing child, Plaza merchants are presenting each parent with a permanent register in which to record descriptive data and health history," said Kilbride. "The register also contains a place for a photograph, which plaza merchants will provide at no cost," she added," she added. "We're suggesting that children come with a removable mask or no mask at all for the photograph. For an impromptu disguise after the photo, we'll provide face painting."

Representatives of the Social Security Administration will be available to assign Social Security numbers - a good tracking device when a child is missing, according to local authorities. To obtain a social security number, parents are asked to bring in an original birth certificate, plus one other document such as a school ID or a library card.



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Miller Genuine Draft (6 a.m.-noon)	40¢
Miller Lite (6 a.m.-noon)	40¢
Keystone Regular & Lite (6 a.m.-noon)	75¢

## Career seminars presented at Mt. Miguel campus

By Jane Roberts, G.I.S. (Guidance Information Specialist), Mount Miguel

Mt. Miguel is pleased to present the following Career Seminars open to any interest students. The seminars are organized and presented by volunteers active in the field.

This years topics are:

Computer Careers, October 26  
Fashion Design/Cosmetology, November 21  
Psychology/Social Services, December 13  
Medical Careers, January 24  
Law/Law Enforcement, February 21  
Business Marketing/Advertising, March 21  
Journalism/Broadcasting, April 25  
Construction Trades, May 23

Interested students may attend a seminar of their choice with prior teacher approval.

This program has been in operation for over eight years, and Mt. Miguel is pleased to provide this service to its students.

## College representatives visit Mount Miguel campus

By Monica Perrapato, G.I.S. (Guidance Information Specialist), Mount Miguel

A variety of college representatives visit the Mount Miguel campus each month. Dates and times are posted in classrooms and are advertised in the student bulletin. Students (primarily juniors and seniors) are encouraged to sign up in the career center for several visitations in order to explore college choices.

Currently scheduled college representatives are:

October 23	U.C.S.D., 10 a.m.
October 16	University of Redlands, 10 a.m.
October 27	University of the Pacific, 11 a.m.
October 30	S.D.S.U., 10 a.m.
November 9	Pepperdine University, 11 a.m.
November 10	Dominican College of San Rafael, 10 a.m.
November 16	University of Southern California, 11 a.m.
November 29	Westmont College, 9 a.m.

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## Lemon Grove Lutheran Church honors past leaders as part of 40th anniversary celebration

Celebrating a 40th anniversary causes church members to reminisce about those who, other than pastors, have served as their presidents and leaders.

Of the 18 who have led Lemon Grove Lutheran since 1949, thirteen are still alive and will process at Sunday services carrying large banners that will grace the chancel area.

Levi Selvig, the first president of the fledgling congregation, served from 1949-1952. He helped supervise the building of the first sanctuary in 1950-1951.

Virgil Duea, former vice-principal in the Grossmont Union High School District, was the second president in 1953-1954. During his time, construction of an educational unit was begun.

The third president, James Paul, served in 1955-1956, and again in 1971. During his first term, the congregation began to build the second floor of its educational unit. In 1957-1958, Kenneth Olson was presiding when the educational unit was dedicated in 1957. Robert Buckner, the next president, was in office three times: 1959, 1962, and 1963. He actively participated in

planning the biblical garden which is on the north side of the new sanctuary, as well as guiding the building of the new church itself and participating in its dedication in 1963.

In 1960, Chester "Ace" Hoberg, an administrator in the Grossmont Union High School District, served the local church as its next president. It was during his term of office that the practice of hiring interns was begun.

Ray Lange served several terms: 1961, 1968, 1969 and 1970. His term was marked by the establishment of a Building Crusade to extend over five years. It was he who handed the keys of

the new sanctuary to Rev. Hardis Bakken in 1963 when the building was dedicated.

In 1964, Dr. Kenneth Hanson, La Mesa internist, became president. It was then that the members learned that its pastor had been called to a congregation in the north.

Ray Granstedt, an engineer with the California Highway Transportation Department, was elected in 1965, and participated in the calling of a new pastor.

During 1966, 1967, and 1982, Adolph Helgeson, local insurance man for Lutheran Brotherhood, served as president.

Fred Shephard, president in 1972-1973, was involved in management at a local aeronautics firm.

In 1974, Glen Neuhaus, supervisor of a San Diego dealership's service department, became the next president.

David Chell of the IRS served in 1975 and 1976. Today, he serves as treasurer of the church.

A part of the management team in a local telephone company, Don Conrad was president in 1977.

In 1978-1979, Stanley Gott, chief accountant for a local firm, became the next president before being transferred to Saudi Arabia.

Lee Selvig, local attorney, became president for three terms: 1980, 1981 and is currently serving as president in 1989. During his first term, Pastor A.R.H. Johnson retired, and Rev.E.J. Volkmann was called as the new pastor in 1981.

Ken Huntington, a member of management at a local soft drink firm service in 1983, 1984, and 1986.

The only woman to ever serve as president of the church, Lillian Collette, became the next leader of the congregation in 1987 and 1988.

## United Methodist Women of Lemon Grove to hold bazaar

The United Methodist Women of Lemon Grove United Methodist Church are having their bazaar on Friday evening, October 20 from 5 to 7 p.m., and Saturday, October 21, 8 a.m. to 3 p.m. in the church hall located at the corner of Washington and Roy Streets. The bazaar will

include a quilt, baked goods, white elephants and more.

Tickets are on sale now for a turkey dinner on Friday evening, 5-7 p.m. A limited number of tickets may be available at the door.

A light lunch will be served on Saturday from 11 a.m.-1 p.m.

## St. Philip's to host Annual Christmas Fair

St. Philip's Episcopal Church in Lemon Grove will host a festive Christmas Fair, Friday, November 10, and Saturday, November 11, from 10 a.m. to 7 p.m. both days.

This annual, fund-raising event features many holiday crafts, stitchery items, bake sale, floral arrangements, and many other items for sale. Two of the highlights are a Silent Auction with several one-of-a-kind items and a Children's Department with inexpensively priced items which

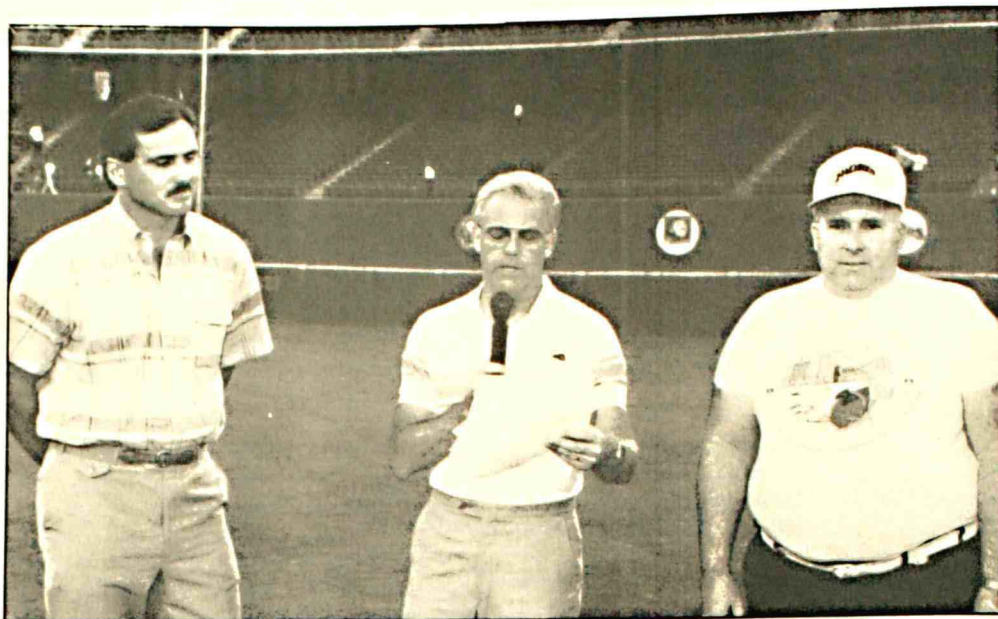
children may purchase as gifts for family and friends.

A special holiday dinner will be offered both nights from 4 p.m. to 7 p.m.

Dinner tickets may be purchased at the door or in advance by calling the Church Office at 466-8055. Admission to the Christmas Fair is free. Dinners are \$6 for adults and \$3.50 for children 10 and under.

St. Philip's is located at the corner of Palm Ave. and Hardy Dr. in Lemon Grove.

## Robert Hallman honored as one of Lemon Grove's top blood donors



Recognizing one of Lemon Grove's top blood donors, Robert Hallman (right), during the San Diego Blood Bank's "Gallon Club Night at Jack Murphy Stadium" is Bob Chandler, voice of the San Diego Padres, and KNSD's Sports Director, Jim Laslovic (left), who co-hosted the event.

Ten gallon blood donor Robert Hallman is one of Lemon Grove's top blood donors. Hallman was honored recently during the San Diego Blood Bank's "Gallon Club Night at Jack Murphy Stadium."

Robert began donating to replace blood used by his mother who was being treated for cancer. He continues to donate because it

feels good to know he is helping to save lives in a very direct way. Most of Robert's donations go to the Burn Center.

Some 45 additional blood donors from throughout the county were recognized during "Gallon Club Night" for having given 10 gallons of blood or more.

Approximately 7,000 Gallon

Club members and their guests attended the event, which included tickets to the Padres game.

Blood donors become members of the Gallon Club after donating a total of at least eight pints of blood (each donation is one pint).

Currently the San Diego Blood Bank has more than 20,000 members on the Gallon Club roster.

## Masquerade Ball planned

The San Miguel Council #3667 is holding a Halloween Masquerade Ball Saturday, October 28th, at the Knights of Columbus Hall in Lemon Grove, across the street from St. John of the Cross Church, corner of Washington and Lemon Grove Way.

Dancing will be from 8:00 to 12:00 p.m. with music provided by Paul Collins and the Swingtones. Costumes are optional, with prizes for the best and funniest costumes. Tickets are only \$5.00 per person, with proceeds going to charity. For tickets or information, call Rocky Wheeler at 469-5259 or Tom Brown at 466-3433.

## Country Gospel Heirs to perform

The "Country Gospel Heirs," an enthusiastic group of local musicians will present a Sacred Concert Sunday evening, October 22 at 6 p.m. at the Casa De Oro Baptist Church, 10195 Madrid Way in Spring Valley. The five-member band works with keyboards, vocals, rhythm guitars, lead guitar, piano and harmonica and their material includes old-time Gospel Standards and audience participation.


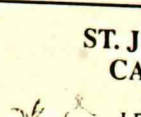
Everyone is invited to attend this outstanding musical event.

## Free art workshops offered for the physically challenged

To encourage other disabled people to explore their own talents and focus on their ability rather than disability, San Diego Rehabilitation Institute (SDRI) is offering a series of free art workshops on the first and third Saturday of each month. The classes are held from 10 a.m. to noon at SDRI, located on the sixth floor of Alvarado Hospital Medical Center, 6655 Alvarado Road. All supplies will be provided.

According to Barbara Danielson, the art instructor and ARTABILITY artist who teaches the classes, "We work with all mediums: watercolors, pastels, pen and ink and oils. The classes have something to offer everyone, from avid painters to doodlers!" For further information or to enroll in the workshop, please call SDRI at 287-1461.

## Worship Directory

<b>LEMON GROVE LUTHERAN CHURCH</b> Corner Skyline & Alton Drive Edward J. Volkmann, Pastor Telephone: 465-7301 Worship 9:00 a.m. Sunday School 10:15 a.m.	Attend This Church or Another Good Church <b>TRINITY BAPTIST CHURCH</b> 8487 Paradise Valley Rd., Spring Valley <b>GEORGE W. PANNEL, PASTOR</b> Telephone: 479-0378
<b>THE POTTER'S HOUSE CHRISTIAN FELLOWSHIP</b> 123 Worthington Street, Spring Valley <b>Alpheus Fisher, Pastor</b> 479-1460 Sunday Worship: 11 a.m., 6:30 p.m. Sunday School: 10 a.m. Sun., 7:30 p.m. Wed.	<b>LEMON GROVE CONGREGATIONAL UNITED CHURCH OF CHRIST</b> 2770 Glebe Road • Lemon Grove Edward & Joan Pettis, Co-Pastors Sunday Worship & Church School, 10:15 a.m.
 <b>THE CHRISTIAN CHURCH of Lemon Grove</b> 6970 San Miguel Avenue 465-1888 TOM WEST - Minister JOHN KENNETT - Assoc. Minister <b>BIBLE SCHOOL and WORSHIP 8:15, 9:15 &amp; 10:30</b> <b>SUNDAY EVENING-6:00 WORSHIP.</b> Nursery through Children's Classes Provided A Friendly Christ Centered Church PLEASE COME AND WORSHIP WITH US!	 <b>ST. JOHN OF THE CROSS CATHOLIC CHURCH</b> 8086 BROADWAY LEMON GROVE, CA 92045 <b>PASTOR MSGR. RAYMOND C. KIRK</b> Call Rectory for information and Mass Schedule. 466-3209 Your church could be in the Worship Directory. Call 469-0101 for rates and other information.

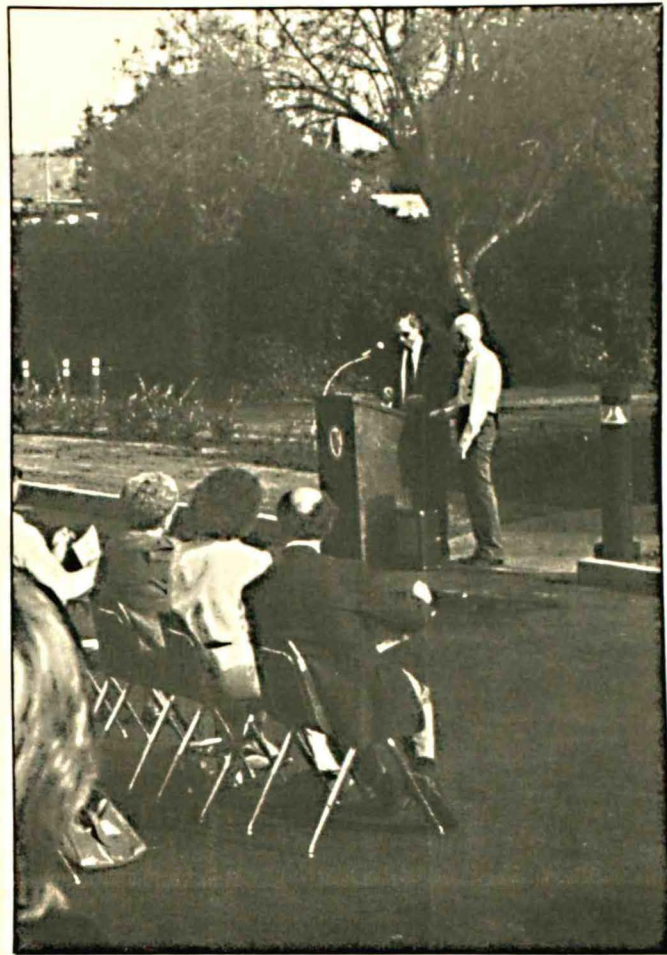




Seniors enjoying food and conversation at Lemon Grove Senior Center dedication.



Mariachi band played for the dancing and listening enjoyment at Senior Center dedication ceremony.



Mayor Jim Dorman presenting key to the Senior Center to Lemon Grove senior, Elwyn (Tex) Middleton, at dedication ceremony.

## Alumni Association to hold buffet dinner and auction

The Grossmont-Cuyamaca Alumni Association will host a buffet dinner and live auction on Friday, November 3rd, at the El Cajon Neighborhood Center.

The evening begins at 6 p.m. with no-host cocktails, followed by a silent auction. Entertainment, provided by Dick Braun's Band, will proceed a buffet dinner, which will begin at 7:30 p.m. At 8:30, the live auction begins.

Some of the many items up for auction include: a Holiday Bowl package, a wine tasting party with you and your friends (up to 20), a New Year's Eve Vegas "turnaround," a Big Bear ski vacation for eight, and much, much more!

The cost of the dinner/auction is \$20. Reservations can be made by calling Marjie Ramos at 465-1700, extension 682.

## East County Art Association monthly meeting set for October 26

The East County Art Association will hold its monthly meeting Thursday, October 26 at 7 p.m., Wells Park Community Center, 1153 E. Madison Avenue, El Cajon.

Guest demonstrator will be Sherry Kendrick, who has been painting in the style of Chinese brush strokes for thirteen years. Kendrick belongs to the Chinese Brush Painting Association, the American Art of Chinese Brush Painting and the Lung Hsiang Chapter.

She has studied independently under Kitty Tow and has shown at the Del Mar Fair. Kendrick will explain the brushes, papers, tools and inks that she uses prior to her demonstration. Her painting will be donated for a drawing.

## Arts & Crafts Show sponsored by East County Art Association

The East County Art Association will hold an Arts & Crafts Show from 9 a.m. to 5 p.m., on Friday and Saturday, October 27 & 28, at the San Carlos Village Shopping Center, 8788 Navajo Road. Proceeds from sales at the show go to the organization's fund for local high school seniors.

The show will feature fine paintings and crafts. For additional information, call 447-4630 or 447-9609.

## Career panels offer assistance to graduating high school students

By Derek Cordova

Normally when you reminisce of your high school days, you think of your prom, the football games, and your first real kiss—"the glory days." But do you remember having to study all night for finals? Do you remember your parents insisting that you maintain good grades so that you may attend the college of your choice, and how you were so confused about what you would do after you graduated? Well, for juniors and seniors at Monte Vista High School, their time has come. However, this time they are being helped in the form of career panels.

Career panels, which are being organized by Tom Pew, will be held one or two times a month. These are small groups of professionals in related fields who will be discussing the obstacles of their occupation in areas ranging from doctors and lawyers to welders and construction workers. The panels will give students an opportunity to talk on a one-to-one basis with someone who is already in their field of interest and will stress the work needed to achieve these various career goals.

The panels are designed for all students, not just for those who

are planning to attend four year universities. There will be discussions concerning the Regional Occupation Program and trade schools, and pamphlets and other sources of information will be available.

It is hoped that these panels will serve as a healthy link between the school and the community, provide an opportunity for local professionals to meet the students, and allow both civic

leaders and students to become familiar with the lifestyles of each other.

In the past, career panels at MV have been well-received by both the students and the community; a similar response is expected this year.

If you are interested in becoming involved with any aspect of career panels, please contact Tom Pew at Monte Vista at 660-9902, extension 145.

## School to present magician

Looking for a night of magic and family entertainment? Master magician and illusionist, Sterling Spellman and Company, will perform at Spring Valley Middle School Wednesday October 25, at 7:00 p.m. in the auditorium.

The SVMS PTA is sponsoring the event to raise money for such things as red ribbons for the school's anti-drug club to be worn during Red Ribbon Week, "camperships" for sixth grade camp and new books for the library.

This show has been presented to packed auditoriums at other schools in the district so people are urged to buy tickets early. Tickets will be sold for \$4.00 from 8:30 a.m. to 8:55 a.m. the week prior to the show. The price at the door is \$5.00, and children under 5 are free.

## Foothills Preschool plans Annual 'Holiday Faire' for November 7

Foothills Preschool will present its annual "Holiday Faire" on November 7 from 8:30 a.m. to 6:30 p.m. at 4031 Avocado Blvd. in La Mesa. The Faire will feature handcrafted gifts, decorations and baked goods for sale to benefit educational programs at the school.



## Lemon Grove's night train turns 5 years old



Lemon Grove resident, Al Lazok, in cab of S.D. & I.V. Railroad engine at 5th anniversary party.

This past Saturday marked the 5th anniversary of the San Diego & Imperial Valley Railroad—that lonesome whistle heard throughout the community, usually past most bedtimes.

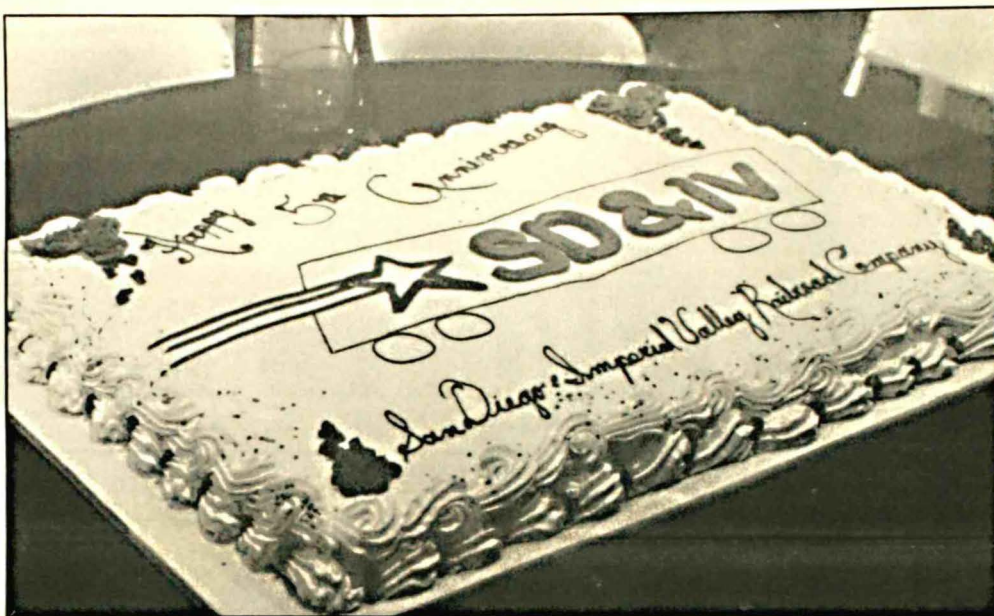
On October 14, 1984, Railtex, a Texas company dealing in leasing open top railroad hopper cars threw their hat into the short-line freight business. Taking over operations previously run by the Kyle Railroad Company. Both companies leased the line from the San Diego Metropolitan Transit Development Board (MTDB) after MTDB had purchased it from Southern Pacific to

be used as the current Trolley system.

Bridge washouts, a tunnel collapse and a loss in shipping spelled doom for Kyle in their attempt to tame "Old Impossible," the nickname given to the San Diego & Arizona Railroad due to its rugged terrain east of San Diego. Railtex on the other hand, decided to concentrate on the local scene. Taking advantage of the line's trackage in Mexico (it dips 44 miles through Mexico before it re-enters the United States near Campo), they haul many raw materials across the border and bring products north.



Bruce Flohr, president of Railtex, addresses partygoers for 5th anniversary of San Diego & Imperial Valley Railroad. Master of Ceremonies, Channel 10's Jack White, is at right. V.P.-General Manager Dick Engle is at left.



San Diego & Imperial Valley Railroad 5th anniversary cake decorated with company logo.

Business is booming. Now there is talk of rebuilding those lost bridges and opening the collapsed tunnel in Carrizo Gorge, opening once again San Diego's back door to rail connections eastward.

At their anniversary party, Bruce Flohr, president of Railtex, explained his company's commit-

ment to the future of the San Diego & Imperial Valley. They recently sold the hopper car operation to concentrate wholly on their 6 railroads. Honors were given to all the employees, both old and new, and a plaque was given to Senator James R. Mills, chairman of the MTDB, for his

help and commitment in keeping out local rails alive.

If the friendliness and comradeship displayed at the anniversary party is any indication, we can expect to hear great things of the San Diego & Imperial Valley Railroad in addition to that lonesome whistle.

## Homemaker launches unmentionable business

By Ginny Winslow

Long time Jamul resident Cindy Elam is a mother, a PTA member, a Brownie troop leader and a classroom volunteer.

She is also the founder of "Sweet Nothings Intimate Wear," a local firm that specializes in the design and manufacture of alluring lingerie. Cindy was looking for a business that would let her be her own boss, enable her to stay home with her children, and, ideally, provide a creative outlet for her longtime interest in crafts, fashion design and sewing.

"I began sewing when I was 12-years-old," says Cindy. "I started designing and making lingerie as gifts for friends a few years ago, and found that people would call me to ask if I could make something special for a bridal shower, or copy something they had seen in a magazine, or put together something they had designed themselves. It was fun and creative, and 'Sweet



Nothings' was born!"

Now Cindy has a backlog of orders for teddies, camisoles, negligees and nightgowns. Working in silks, satins, buttons and bows, she spends hours on each creation. Every garment is tailor-made to the individual.

Cindy also makes floral sachets from flowers she grows in

her extensive garden and dries herself. She includes a sachet in a color matching the lingerie with each order...a red negligee will be packaged with a fragrant sachet made from red rose petals.

One thing is for sure...Jamul homemaker-turned-businesswoman, Cindy Elam, is bringing luxury lingerie out of the closet!

## Heart At Work program aims to reduce employee absenteeism

It's the time of year that employers take a sharp look at the cost of absenteeism and what can be done to avoid it. The American Heart Association's Heart At Work program is a simple, cost-effective way to improve the general health of your employees and keep them on the job—and off the insurance payments. It's not just the little annoyances that can be eliminated.

Take a look at your top earners and imagine those desk chairs empty for two, three or six months at a time. More than 1.5 million Americans have heart attacks each year. Approximately 37% of those die and almost two-thirds die before they reach a hospital. What do you do if it happens in your company?

"Heart At Work covers five health modules, including a Signals & Actions module that can train employees to recognize the early warning signs of heart attack and seek emergency help," said Joe Kearney, chairman of the program. "The exercise program

helps companies set up activities for their employees that really work. Other modules focus on high blood pressure control, smoking cessation and nutrition," said Kearney.

Each module in the Heart At Work program is supported by a complete set of promotional and educational materials. Brochures, films, posters and health speakers are available to sustain the fitness effort. American Heart Association volunteers are actively seeking to place this low-cost fitness program into the budget of every employer in San Diego. Within the past two years, ten companies have begun Heart At Work. They range in size from 30 to 300 employees; in business style, from Wavetek to Buck Knives.

For more information about how Heart At Work can service your company's need to lower absenteeism and preserve the health of your staff, please call the American Heart Association at 291-7454 and ask for Tracy Taylor.



## Sports Commentary

By John E. Wirges

The World Series brings us to a fighting finish to the baseball season, deciding not only the world baseball championship, but ensuring the winner bragging rights of considerable value in the San Francisco Bay area; perhaps even in all of California.

The 1989 campaign gave San Diego Padre fans excitement and adventure right down to the end. We have all winter to daydream about how a game here or a base hit there might have earned a berth for the Padres instead of the Giants in the world series.

"Next year," we chant, much in the manner of Brooklyn Dodger fans of yesteryear. "Just wait 'til next year."

To come so far down the stretch to make such a race of the Western Division after such a dismal start is the stuff of sleepless nights for the manager and dreams of total fulfillment for loyal fans. We'll have a woulda, shoulda, coulda winter.

Now it's time for Padre manager Jack McKeon to turn his hat around and don the robes of the general manager John Aloysius McKeon, the ol' master of trade.

It's no secret Trader Jack has his eye on the free agent market. The Padres cut several "building" years off their climb to contention with the free agent signing of Bruce Hurst.

Another "blue chipper" is testing the waters of the free agent market this winter in the person of Mark Langston, who toiled in Seattle and Montreal this season.

McKeon also has to resign Cy Young candidate Mark Davis, who matched the third highest save total in major league history with 44 rescues in only 48 chances. He's just not expendable.

Neither Langston, nor Davis figure to come

cheap, but McKeon has a couple of things going that may smooth the way. Davis likes San Diego and wants to stay here, if he is offered anything near his open market value, he'll sign.

Langston has expressed a desire to play in Southern California, but he also expects to earn his free market worth.

Fortunately, Padre owner Joan Kroc can well afford such blue chip salaries and even more fortunately for Trader Jack, she is an astute business woman who is willing to pay market prices for prime talent.

She's more than just another fan who wants a winner. From her seat, it's just good business.

The Padres drew 2 million-plus at the gate with a late charging drive. That could be just the beginning. Fielding a real contender on a regular basis could swell the gate to 3 million in short order. In time, we'll need a bigger stadium.

Not bad for a town that didn't figure to make it to the majors because it had Mexico to the south, the ocean out west, the desert to the east, and the Los Angeles Dodgers up north.

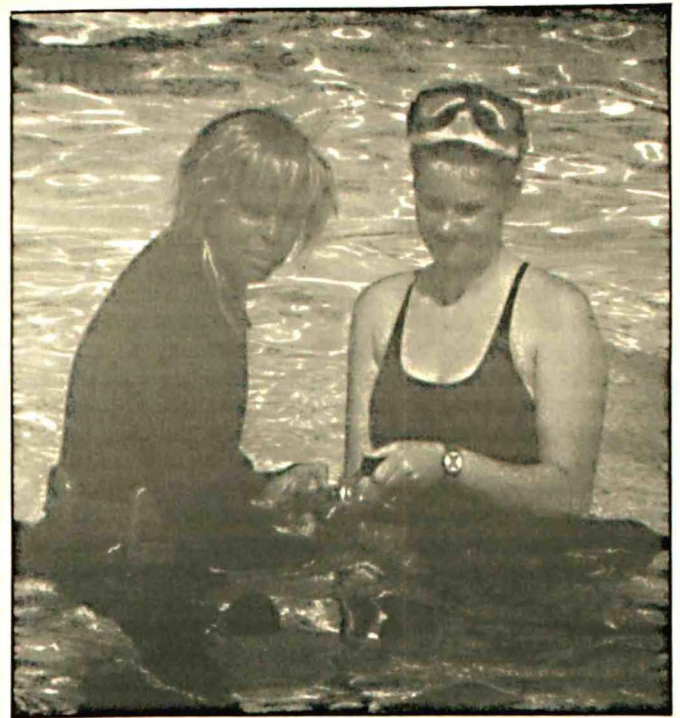
McKeon is fully aware of Padre needs. You never have enough pitching, so a bid for Langston has gotta be in the works.

You don't let home stars get away, so Davis will get a blue ribbon offer.

The Padres are still looking for speed, defense and a bat in center field and defense and power at third. They have a blue chip catcher to swap and McKeon is in a tradin' mood.

It looks like a great winter in the hotstove league, where a good rumor is worth a 1,000 words.

And an even better season in store for the Padres, when spring training opens the 1990's.



Paula LeSage of the California Recreational Diving Council instructs Heather Goodwin at Mount Miguel's pool. Photo by Edgar Llerenas

## Scuba diving course offered at Mt. Miguel

By Naomi Ellis

Scuba diving is a unique experience that cannot be described with words. At Mount Miguel, students have the chance to experience this wordless world during regular aquatics classes.

The California Recreational Diving Council has a mobile facility which teaches scuba diving techniques to high school students throughout the Grossmont District.

At Mount Miguel, Paula LeSage leads the team in instructing students on how to dive with gear.

LeSage says, "We are enlightening high school students to the

underwater world."

The facility was not open to freshmen for the past three years, but is this year. The class lasts for three weeks. In order to enter scuba, a student must take an eight-lap swimming test. During the course, students have the option to join the group on skin and scuba diving excursions to La Jolla Shores and Catalina Island. Later during the course, students may become certified by taking a written test.

It is too late to join this year, but scuba diving will be available on the campus for many years to come.

## Exchange students from Spain to spend school year at Helix High

By David Ancheta

As Helix students are adjusting easily from the transition of a carefree summer to a new school year, other students find the adjustment not as simple.

Two such students are Raul Ordonez, 17, and Andres Melgar, 18, from Madrid, Spain.

Raul Ordonez arrived here August 22, and is being hosted by the Bredenson family in Lemon Grove.

"My host family is nice," said Ordonez, "and they look like my family at home."

Although people are hard to meet here at Helix, Ordonez said that most of them have friendly attitudes and the teachers are very helpful.

After he graduates, Ordonez plans to return to Spain where he wants to major in engineering. While in the states, Ordonez said he plans to travel, meet new people and "have fun!"

Andres Melgar arrived here August 29 and is being hosted by



Andres Melgar, left, and Raul Ordonez, exchange students at Helix.

the Neve family, also of Lemon Grove.

"I like my host family," said Melgar. "They treat me as their own son."

Helix students and teachers are friendly and quite different, according to Melgar.

"My teachers help me very

much, especially in learning English."

Melgar will be going home to Spain after he graduates. There he will attend college and study journalism.

Like Ordonez, Melgar wants to travel this year. "Hawaii and L.A.!" said Melgar.

## 'Twelve Angry Women' to be staged at Our Lady of Peace

"Twelve Angry Women," a drama centered around twelve jurors deliberating the innocence or guilt of an accused man, will be performed by students at the Academy of Our Lady of Peace. The performance will be on October 20 and 21 at 7:30 p.m. Tickets are \$4 per person and may

be purchased in advance by calling 297-2266, or may be purchased at the door. Seating is limited.

Cast members include Stephanie Chaban, Tania Crotta, Heather DeSisto, Bonnie English, Pauline Fletcher, Lisa Hernandez, Ibadira Lopez, Chinedu Odu,

Ijeoma Odu, Laura Rolfe, Stefanie Ross, Lara Shean and Tammy Tavares.

A play in three acts by Sherman L. Sergel, "Twelve Angry Women" was adapted from the highly-acclaimed television show, "Twelve Angry Men" by Reginald Rose.

## East County softball team wins World Series

The La Mesa '65's, sponsored by A.I.M. Financial, won the 65 division Senior Softball World Series held in Greensboro, North Carolina, held September 28-October 1.

La Mesa defeated Fountain Valley, Ca., 7-5; Atlanta, Ga., 7-6; BDB, Fla., 7-5; and Dundalk, Md., 17-0 in pool play. Saturday's semi-finals were rained out, so the semis and finals were both played Sunday in "flooded conditions." La Mesa defeated Whittier, Ca. 3-1 in the semi-finals and came from behind with 2 runs in the 5th and the go-ahead run in the 6th to defeat Old Dominion, Va. 6-5 for the championship.

La Mesa players are: Mickey Aguirre, Jim Atherton, Ernie Beck, Don Berg (player-mgr.), Ralph Bulmer, Gerry Davidson, Paul Guenon, Bob Kennedy, Chuck Leonard, Bill Manor, Tony Morales, Dick Osborne, Al Salmon and Phil Seewald. Leading hitters for La Mesa were Gerry Davidson (.667); Bob Kennedy (.625); and Mickey Aguirre (.600). Jim Atherton drove in 6 runs to lead the team. Playing outstanding defense real-

ly won the tournament. The infield, consisting of Phil Seewald, third base; Bob Kennedy, shortstop; Ernie Beck, second base; and Dick Osborne at first, turned in 7 double plays. Some outstanding catches in the outfield also contributed to the win.

Pitching performances by Chuck Leonard and Don Berg resulted in 3 wins each. Berg pitched a one-hit shut out and Aguirre knocked in the winning run in the championship game. Gerry Davidson was voted the team's most valuable player.

68 teams participated in this first Senior Softball World Series, with 1800 players and wives attending the tournament. California teams won the 50, 65 and 70 age group; Texas won the 60 age group, and Virginia the 55. La Mesa 65 (Aim Financial) won The Las Vegas and The Qualifier at Reno in May of this year.

Seniors, both men and women 55 and over are encouraged to participate with over 100 fun-loving people enjoying softball in La Mesa. For additional information, please contact John Williamson at 291-9707 or 231-1027.



## Career panels offer assistance to graduating students

By Derek Cordova

Normally when you reminisce of your high school days, you think of your prom, the football games, and your first real kiss—"the glory days." But do you remember having to study all night for finals? Do you remember your parents insisting that you maintain good grades so that you may attend the college of your choice, and how you were so confused about what you would do after you graduated? Well, for juniors and seniors at Monte Vista High School, their time has come. However, this time they are being helped in the form of career panels.

Career panels, which are being organized by Tom Pew, will be held one or two times a month. These are small groups of professionals in related fields who will be discussing the obstacles of their occupation in areas ranging from doctors and lawyers to welders and construction workers. The panels will give students an opportunity to talk on a one-to-one basis with someone who is already in their field of interest

and will stress the work needed to achieve these various career goals.

The panels are designed for all students, not just for those who are planning to attend four year universities. There will be discussions concerning the Regional Occupation Program and trade schools, and pamphlets and other sources of information will be available.

It is hoped that these panels will serve as a healthy link between the school and the community, provide an opportunity for local professionals to meet the students, and allow both civic leaders and students to become familiar with the lifestyles of each other.

In the past, career panels at MV have been well-received by both the students and the community; a similar response is expected this year.

If you are interested in becoming involved with any aspect of career panels, please contact Tom Pew at Monte Vista at 660-9902, extension 145.

## Magician to perform at middle school PTA benefit

Looking for a night of magic and family entertainment? Master magician and illusionist, Sterling Spellman and Company, will perform at Spring Valley Middle School Wednesday October 25, at 7:00 p.m. in the auditorium.

The SVMS PTA is sponsoring the event to raise money for such things as red ribbons for the school's anti-drug club to be worn during Red Ribbon Week,

"camperships" for sixth grade camp and new books for the library.

This show has been presented to packed auditoriums at other schools in the district so people are urged to buy tickets early. Tickets will be sold for \$4.00 from 8:30 a.m. to 8:55 a.m. the week prior to the show. The price at the door is \$5.00, and children under 5 are free.

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## PUBLIC NOTICES

### FICTITIOUS BUSINESS NAME STATEMENT

Assigned File No 89 22046

The Name of the Business:

ARGOSY

located at: 1045 Novara Street in San

Diego, CA 92107 is hereby registered

by the following owners:

FRANK VICINO

1045 Novara Street

San Diego, CA 92107 and

BYARS VICINO

1045 Novara Street

San Diego, CA 92107

This business is conducted by:

Individuals-Husband and Wife.

The registrant commenced the

transaction of business on: September

1, 1989.

Signature of Registrant:

FRANK VICINO

FRANK VICINO

This statement was filed with

Robert D. Zumwalt, County Clerk of

San Diego County on September 26,

1989.

Lemon Grove Review

September 28, Oct. 5, 12 & 19, 1989

### FICTITIOUS BUSINESS NAME STATEMENT

Assigned File No 89 21742

The Name of the Business:

CLOWN PALS BY NANCY LEA

located at: 4233 Spring Street, Ste. 157

in La Mesa, CA 92041/2805 Golden

Grove Place in Lemon Grove, CA

92045 is hereby registered by the fol-

lowing owner:

NANCY L. QUIST

2805 Golden Grove Place

Lemon Grove, CA 92045

This business is conducted by: an

Individual.

The registrant commenced the

transaction of business on: September

20, 1989.

Signature of Registrant:

NANCY L. QUIST

Nancy L. Quist

This statement was filed with

Robert D. Zumwalt, County Clerk of

San Diego County on September 21,

1989.

Lemon Grove Review

October 5, 12, 19 & 26, 1989

### NOTICE OF PETITION TO ADMINISTER ESTATE OF GOLDIE KIMBALL

Case Number: 150302

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may be otherwise interested in the will or estate, or both, of: GOLDIE KIMBALL.

A PETITION has been filed by SHIRLEY M. DRELLACK in the Superior Court of California, County of SAN DIEGO.

THE PETITION requests that SHIRLEY M. DRELLACK be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests the decedent's WILL and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on November 27, 1989 at 1:45 P.M. in Dept. F-5, located at 1555 Sixth Avenue, San Diego, CA.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within four months from the date of first issuance of letters as provided in section 9100 of the California Probate Code. The time for filing claims will not expire before four months from the hearing date noticed above.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a formal Request for Special Notice of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in section 1250 of the California Probate Code. A Request for Special Notice form is available from the court clerk.

Attorney for petitioner: CLARENCE W. FINLEY 4655 Ruffner St., Ste. 150 San Diego, CA 92111 CLARENCE W. FINLEY (SIGNATURE OF ATTORNEY FOR PETITIONER)

Lemon Grove Review

October 12, 19 & 26, 1989

### Code. A Request for Special Notice

form is available from the court clerk.

Attorney for petitioner:

CLARENCE W. FINLEY

4655 Ruffner St., Ste. 150

San Diego, CA 92111

CLARENCE W. FINLEY

(SIGNATURE OF ATTORNEY FOR PETITIONER)

Lemon Grove Review

October 12, 19 & 26, 1989

### FICTITIOUS BUSINESS NAME STATEMENT

Assigned File No 89 23017

The Name of the Business:

D & J AUTOMOTIVE -

INDEPENDENT HONDA

located at: 2241 Lemon Grove Ave. in

Lemon Grove, CA 92045 is hereby regis-

tered by the following owners:

DANIEL J. GILDEA

2241 Lemon Grove Ave.

Lemon Grove, CA 92045

and

KENNETH ROBERT VAN DYKE

2241 Lemon Grove Ave.

Lemon Grove, CA 92045

This business is conducted by: a

General Partnership.

The registrant commenced the

transaction of business on: N/A.

Signature of Registrant:

DANIEL J. GILDEA

Daniel J. Gildea

This statement was filed with

Robert D. Zumwalt, County Clerk of

San Diego County on October 10,

1989.

Lemon Grove Review

October 12, 19, 26 & Nov. 2, 1989

### FICTITIOUS BUSINESS NAME STATEMENT

Assigned File No 89 23561

The Name of the Business:

DUGGIE'S KART PARTS

located at: 2784 Cypress Ave. in Lemon

Grove, CA 92045 is hereby registered by

the following owners:

MELVIN P. DUGGIE

Lemon Grove, CA 92045

and

JUDY B. DUGGIE

2784 Cypress

Lemon Grove, CA 92045

This business is conducted by:

Individuals-Husband and Wife.

The registrant commenced the

transaction of business on: 10-11-89.

### Signature of Registrant:

J.B. DUGGIE

Judy B. Duggie, Owner

This statement was filed with

Robert D. Zumwalt, County Clerk of

San Diego County on October 10,

1989.

Lemon Grove Review

October 19, 26, Nov. 2 & 9, 1989

### NOTICE OF PETITION TO ADMINISTER ESTATE OF HARRY H. WETZEL

Case Number: 150254

To all heirs, beneficiaries, creditors,

contingent creditors, and persons who

may be otherwise interested in the will

or estate, or both, of: HARRY H.

WETZEL.

A PETITION has been filed by MARTIN D. COYNE in the Superior Court of California, County of SAN DIEGO requesting that MARTIN D. COYNE be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests the decedent's WILL and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on November 6, 1989 at 1:45 P.M. in Dept. F-5, located at 1501-55 Sixth Avenue, San Diego, CA 92101.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representa-

tive appointed by the court within four months from the date of first issuance of letters as provided in section 9100 of the California Probate Code. The time for filing claims will not expire before four months from the hearing date noticed above.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a formal Request for Special Notice of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in

section 1250 of the California Probate Code. A Request for Special Notice form is available from the court clerk.

Attorney for petitioner:

ALLAN W. ZIMAN

RAND, DAY & ZIMAN

2120 Fourth Avenue

San Diego, CA 92101

ALLAN W. ZIMAN

(SIGNATURE OF ATTORNEY FOR PETITIONER)

Lemon Grove Review

October 5, 12 & 19, 1989

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LEMON GROVE - 7406 Central Ave.  
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561-7697.

LA MESA 1-2 BR, \$410-\$485. Electric  
paid, pool, appliances, laundry, cat  
OK. Agent 223-2425.

services

DAY CARE - Full and part time.  
Openings 6:30-5:30 p.m. Over two  
yrs. Licensed - Pre School activities.  
Denise's Day Care, 589-7688.

DAMAN'S COMPLETE LANDSCAPE  
Maintenance - A touch of class for the  
best price. Over 30 years experience.  
Sprinkler repairs & installation. Free  
estimates. Phone 469-0860.

I WILL BABYSIT your children. Any  
ages, day, night, overnight. Malika  
472-5707.

BOOKKEEPING/TYPING/POSTING  
for small business or individual. Ac-  
curate-reasonable. Pickup/delivery  
can be arranged. 276-0216/582-2064.

COMMERCIAL REMODELING and  
Construction. All phases. Jon Ren  
Cleaning Service (Licensed & bond-  
ed). 441-9437 / 286-3123.

COMPANION/ AIDE to female.  
Excellent references. 461-3659.

HOUSE CLEANER - Reliable, refer-  
ences. Call SUE 670-0326.

PAINTER. Int./Ext. Fast, neat custom  
painting. Reasonable, prompt free  
estimate. 466-1394.

wanted

SECURED GARAGE - for classic  
auto. L.M. area desired. 287-5164.

Classified Ad Coupon

Classification Desired \_\_\_\_\_

Message \_\_\_\_\_

Name \_\_\_\_\_

Phone Number \_\_\_\_\_

Send your check for one dollar per line per week with your ad to:

Forum Publications, Inc.  
P.O. Box 127  
Lemon Grove, CA 92045

Subscription Coupon

Yes, I want to subscribe to the all new:

- ☐ Lemon Grove Review ☐ La Mesa Forum  
☐ Spring Valley Bulletin

By acting now I can save \$3.00 off the annual price of \$15.00  
and receive 52 weeks for only \$12.00. I'm enclosing my  
check for \$12.00 to start my subscription immediately.  
Subscriptions which must be mailed to addresses outside  
of San Diego County are \$26.00 for 52 weeks.

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

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Phone \_\_\_\_\_

Zip \_\_\_\_\_

Call: 469-0101

Mastercard/Visa  
Accepted

Mail to: Forum Publications, Inc.  
P.O. Box 127  
Lemon Grove, CA 92045

SAVE \$3.00

Your Ad Can Reach Over 10,000 Readers  
By Advertising in the Service Directory:

4 Weeks - \$36.00 13 Weeks - \$96.00 52 Weeks - \$300.00

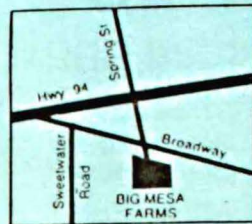
Call 469-0101 for more information  
or to place your ad.





# BIG MESA farms

Open 7 Days, 8 a.m. to 9 p.m. • 460-0525  
8745 Broadway (Hwy. 94 at Spring Street)



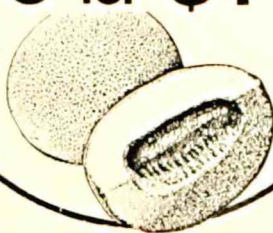
Serving the communities of Spring Valley, Lemon Grove, Casa de Oro, La Mesa and Jamul

We appreciate your business!!



BIG MESA FARMS -  
"The Friendly Store"

LARGE  
CANTALOUPE  
3 for \$1



WE CASH W.I.C. VOUCHERS AND ACCEPT  
FOOD STAMPS. CHECKS CASHED WITH I.D.  
AD EFFECTIVE OCT. 19th to OCT. 25th, 1989

BANANA  
CHIPS 99¢ lb.

SWISS  
MILK \$1.99 gal.  
Low Fat or Homogenized

## COUPON MADNESS

COUPON

FAMILY PRIDE  
APPLE JUICE  
1/2 gallon  
\$1.09 Limit 6

Big Mesa Farms • Expires 10-25-89

COUPON

GROCERS PRIDE  
PINEAPPLE  
Chunk, Crushed, Sliced  
20 oz.  
2 for \$1 Limit 4

Big Mesa Farms • Expires 10-25-89

COUPON

HUNTS  
TOMATO SAUCE  
6 for \$1  
8 oz. Limit 6

Big Mesa Farms • Expires 10-25-89

ASSORTED VARIETIES



COKE  
2 Litre \$1.49  
6 pack \$2.29

Big Mesa Farms • No Coupon Needed

## MEAT

GROUND BEEF

5 lb. limit

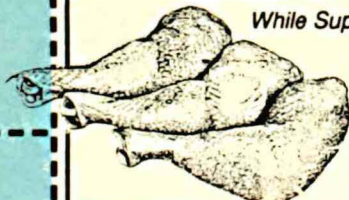


99¢ lb.

GROUND TURKEY  
89¢ lb.

CHICKEN LEG  
QUARTERS

While Supplies Last



49¢ lb.  
Limit 10 lbs.

## DELI

MILD OR JACK  
CHEESE  
\$1.99 lb.



## PRODUCE

LARGE, RED DELICIOUS  
APPLES

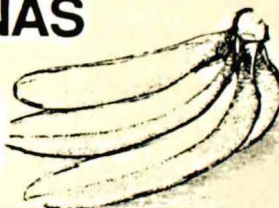
3 lbs. for \$1



PUMPKINS  
10¢ lb.

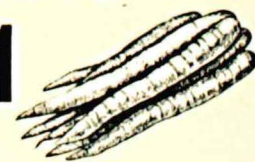
U.S. NO. 1  
BANANAS

3 lbs. \$1



CELLO  
CARROTS

5 for \$1  
1 lb. bag



## MORE SPECIALS

SWISS  
ICE CREAM \$2.29  
1/2 gallon Assorted Flavors

FAMILY PRIDE  
WHEAT OR WHITE BREAD  
2 for \$1  
Limit 6, Reg. 59¢ ea.